

## **Private Couples' Seder**

### **Exodus 12:11**

This is how you are to eat it: with your cloak tucked into your belt, your sandals on your feet and your staff in your hand. Eat it in haste; it is the LORD'S Passover.

Using the elements of the evening keeping vigil in this night to see and to hear as Abba will show you and show you together.

### *Bitter herbs and matza*

Take your time, stay in stillness together.

A stillness that is sweet and supportive of what it is to stay still to hear and to see.

### *The bitter herbs*

#### *The bitterness of slavery*

What behaviors are causing distress in life right now?

What behaviors are causing distress within your own being?

What behaviors are causing distress in your relationships right now?

What behaviors are causing distress within your wife / within your husband?

What behaviors are causing any sense of separation instead of the experience of the echad that you are as ish and isha.

Go slow with the wording of these questions.

Each one is worded a little differently.

Stay still in this night with what it is like to "eat of" that which brings bitterness to life instead of the delight that God created us to live.

Talk quietly together while eating of the bitter herbs.

Sit quietly together in the hearing and the seeing.

And continue to share in honesty, each one being safe for the other.

To hear and to be heard.

You shall know The Truth and The Truth shall set you free!

If in your stillness on this night, you experience this:

The bitterness of slavery, the bitterness of behaviors that it feels like you can't stop!

Then hold especially still for this.

Know that it is Abba who has brought you to this night and to this exact awareness of the bitterness of the house of bondage.

This night is the first day of the Week of Unleavened Bread

*The Matza*

The Word Matza means literally “drained out”

We choose this night to begin the process of *eating only of* our true essence. Choosing to NOT *eat of* added *ingredients* that are not just our pure essence. The humanity that God created humanity to be is pure in created essence. In the finished work of Messiah, we are new creation humanity. That means that in our essence, we are again the humanity that we were created to be. Now *eat of* only pure essence, everything else *drained out*.

*This night we begin!*

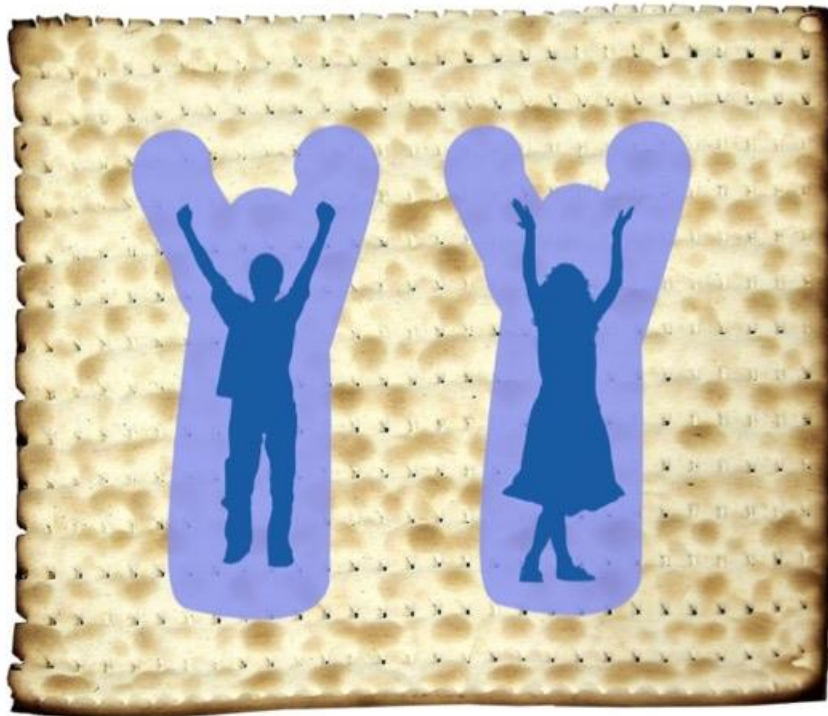
And we continue through a full 7 days! I continue to eat of my essence as the humanity that He created me to be! Pure! Tov!

IF I participate for this full 7 days, it is a completion!

I'm ready to continue to eat of this purity one day at a time for the full number of days of The Counting. This Mo'ed of The Counting ending on the 50<sup>th</sup> day!

This 50<sup>th</sup> Day celebrating the freedom from the House of Bondage for the major area that Abba dealt with in this year's Cycle of Lev. 23 in your own life's walk.

## Restored Humanity



One more help for the evening's vigil

IF nothing comes up for you to see or if you want to go on from one to see another, We eat the *charosett*. Taking time to think carefully within what this helping tool is there to help us with. This is an added tradition but one that is very helpful.

This sweet mixture represents the mortar between the bricks of what we are building in the house of bondage.

This represents the *sweetness of slavery*.

That sounds odd! But think together what can be true in our conforming to the ways of *Egypt* that are so familiar that it is something I hold fast to – that I become a slave to. We were never to make our home in Egypt. We were to be there temporarily during the famine and then go home. But we made our home in Egypt and eventually were then made slaves there and could not on our own leave! It took the Mighty Hand of God to bring us out into Freedom!

Charosett is a metaphor of the sweetness of bondage.

That which you *perceive is sustaining your life*.

Keep in mind that the Israelites were housed in the best real-estate of Egypt!

The fertile delta!

Charosett is a metaphor of slavery mentality, building – laboring in our building for Pharaoh. It is not your life but it is the life you are living. A slavery that gives you benefit, otherwise you wouldn't be laboring so intently *to build what you are building*. You are a slave to this process of building! This activity of *building* is not your own true life. You are not living who you are, you are building Pharaoh's kingdom and living in the best real-estate while you do it!

Think here again:

Charosett as the added tradition represents the mortar between the bricks of what we build in our bondage in the land of Egypt.

What you are building is not for your life but for Pharaoh.

What you are building is not for your life but for the House of Bondage.

Then mix some charosett with the bitter herbs and eat them together.

Eating bitter herbs

The bitterness of not living as an Israelite in Israel but rather as a Hebrew living in Mitzraim (the narrow place).

**This is a night of questions.**

A night of God given instructions that lead us to questions, which lead us to discovery. Discovery of that which is freedom to live life that is truly my life.

Discovery of that which is the reality of The House of Bondage as it leavens my life.

Matza, first aspect in this special night:

Matza is bread that by its name "*drained out*" focuses on the reality that what isn't pure essence is drained out.

Matza: bread without chametz, the metaphor of the essential ingredients of life.

Represents the essence of who we are as a delivered Israelite.

Identify the essential ingredients of life and eat of this!

Instead of inhabiting the extra ingredients that then conform me to life lived in The House of Bondage.

Matza, second aspect in this special night

The Bread of Affliction

The reason we are instructed to eat it:

Focuses us on identifying what is drained out.

What has worked itself through the fabric of my life conforming me to The House of Bondage while I was a slave within the slavery of *Mitzraim*. Anything that isn't pure essence in the humanity that God created humanity to be is that which is to be identified as chametz, that which leavens, works its way through the whole of a life.

We had to leave in haste. Leave no time for the leaven of *Mitzraim*, *the narrow place* to work its way through the whole dough. Give no time for the leavening of bondage to work its way through you! This night, leave in haste! You come to inhabit this night with your cloak tucked into your belt, your sandals on your feet and your staff in your hand. Eat it in haste; it is the LORD'S Passover. **Exodus 12:11**

So Matza at this level represents the bread of deliverance.

The bread of Freedom, New Freedom! Leave in haste!

The chametz (leavening) of Egypt is not given time to work its way through the whole dough. Not anymore! Remember what happens when we dwell in any environment, making our home there when it is NOT our home!

Through our 5 senses, we are "*eating of*" that environment.

Our 5 senses put us into the environment and bring that environment into us.

Proteins then form what comes in as the anatomy of our brain.

"When the mind became leavened" Psalm 73:21

*levav yitchammetz* / verb to be leavened

This night, identify The Bread of Egypt that we ate of.  
With all the ingredients of Egypt drained out, we are left with the essential ingredients of life.

The essence of who we are as delivered Hebrews (ones who have crossed over)  
The metaphor of the essential ingredients of ones' life as opposed to lingering in and inhabiting the extra ingredients that the House of Bondage provides.  
Context of Ex. 13 leaving the House of Bondage in haste.

**Exodus 12:15**

For seven days you are to eat bread made without yeast. On the first day remove the yeast from your houses, for whoever eats anything with yeast in it from the first day through the seventh must be cut off from Israel.

**Exodus 12:19-20** For seven days no yeast is to be found in your houses. And whoever eats anything with yeast in it must be cut off from the community of Israel, whether he is an alien or native-born. Eat nothing made with yeast. Wherever you live, you must eat unleavened bread.”

**Exodus 12:24**

Observe, keep, watch, guard this davar (word) for an ordinance for you and your descendants forever.

**Exodus 13**

